



Lum & Abner 5K Run/Walk

Saturday, June 3, 2023

Janssen Park Mena, AR 71953

Race Information

Registration begins at 7:00 a.m.

- 5k Run/Walk will start at 7:30 a.m. at Janssen Park
- **Race entry fee** - \$25 Pre-Registration fee through May 31, the first 35 people to sign up receive a t-shirt. After May 31, the Registration Fee is \$35.
- **Payment instructions**- Mail or drop off checks payable to:
Mena A & P Commission 524-A Sherwood Ave. Mena, AR 71953
- If you have further questions or need additional assistance, please contact Pasha Watson at pasha@visitmena.com, call 479-394-8355, or go to www.visitmena.com

Lum & Abner 5K Registration Form

First name: _____ Last name: _____

Male Female Age on race day: _____

Email: _____ Phone: _____

Street address: _____

City: _____ State: _____ Zip: _____

Choose a race to enter:

5K Run 5K Walk

T-shirt size:

XS S M L XL XXL



-Waiver

I know that running is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I assume any other risks associated with running this event including, but not limited to, falls, contact with other participants, and the effects of weather and conditions of the road. I understand I am solely responsible for my own safety while traveling to and from or participating in this event. Knowing these facts and in consideration of your acceptance of my entry, I hereby for myself, my heirs, executors, administrators, or anyone else who might sue on my behalf covenant not to sue, and waive, release, and discharge the sponsors or contributors to this event, any race officials, volunteers, the city and police agencies, their representatives successors or assignees from any and all claims of liability for death, personal injury, or property damage of any kind or nature whatsoever arising out of, or in the course of my participation . The release form and waiver extends to all claims of every kind or nature whatsoever, foreseen and unforeseen, known and unknown. The undersigned further grants full permission to use any photographs, video tapes, motion pictures, recordings, or another record of the event for any purpose. Minors will be accepted with a parent's signature.

By checking this box, I agree to the waiver above

Signature (parent/guardian if under 18): _____

Date: MM / DD / YYYY